

True joy results when we  
become aware of our  
connectedness to everything.  
Paul Pearsall



# CONNECTIONS

## A Real Sister Talk Mental Health & Wellness Retreat RETREAT INCLUDES

- 3 Beautiful days and 2 peaceful nights at a serene lake front cabin situated on endless scenic acres.
- Daily Sessions through campfire, art therapy, drama therapy, meditation, hiking, and more!
- All meals, materials, and workshop supplies.

SEPTEMBER 27TH - 29TH

- Lake Ariel, Pennsylvania
- \$525 due upon arrival

**RESERVE YOUR  
SPOT NOW**

570-580-4258 | [dwatson@keepingitrealcounselingllc.com](mailto:dwatson@keepingitrealcounselingllc.com)

